

Cardiopulmonary Resuscitation (CPR)



Course Overview

The **Cardiopulmonary Resuscitation (CPR)** course offered by Mines Rescue provides participants with the skills and knowledge required to perform CPR in line with the Australian Resuscitation Council (ARC) Guidelines. This hands on course is relevant to all individuals who wish to develop their skills to be able to provide CPR in a range of situations. This includes community and workplace settings.

Upon successful completion of this course, participants will gain skills and knowledge in:

- Responding to an emergency situation
- Performing CPR procedures
- Communicating details of the incident

Mines Rescue has almost 90 years experience assisting the mining industry to manage risk and operate safely. To ensure the highest quality standards, Mines Rescue plays a pivotal role in training through its Registered Training Organisation, offering training programs that have been developed by mining and emergency response professionals with national qualifications.



Fast Facts



Course name
Cardiopulmonary Resuscitation (CPR)



Who should attend?
Individuals requiring the skills and knowledge to perform CPR.



Duration
Two hours



Locations
→ Lithgow
→ Newcastle
→ Singleton
→ Woonona or at your site



Delivery method
A combination of face-to-face classroom based training, desktop scenarios and practical training exercises.



Assessment method
Assessment may include written and oral questioning, practical demonstrations and performing scenarios.



Course fees
Please see our pricing document available on our website. Onsite training costs are available upon request.



Learning outcomes

Upon successful completion of the CPR course, participants will be awarded a Statement of Attainment for the following unit:

- **HLTAID001** Provide cardiopulmonary resuscitation

To maintain currency, the Australian Resuscitation Council recommends that CPR skills be updated annually.

Entry requirements

No formal previous learning is required for this course.

It is acknowledged that this is a course based on a Certificate II level qualification that requires appropriate levels of language, literacy and numeracy skills to manage course work, in-course activities and assessment tasks.

Participants also require the physical ability to kneel on the floor to perform CPR.

Further information

Please refer to the Mines Rescue Participant Handbook located on our website for relevant policy information, including Payment Terms and Conditions and Refund and Fees Policy.

If you believe you already hold some or all of the skills, knowledge and/or experience for this course, you may be eligible to apply for Recognition of Prior Learning (RPL). You are encouraged to refer to our Participant Handbook and RPL/CT Handbook for Applicants and speak with Mines Rescue prior to commencing training.

For any further information please contact your local Mines Rescue station or visit our website www.minesrescueservices.com.

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Mines Rescue