



Course Overview

The **First Aid** course offered by Mines Rescue provides participants with the skills and knowledge required to provide first aid response, life support, management of the casualty, the incident and other first aiders until the arrival of medical or other assistance. This course is tailored to heavy industry, but can be adjusted to suit any workplace.

Upon successful completion of this course, participants will gain skills and knowledge in:

- Assessing the situation
- Applying first aid procedures
- Communicating details of the incident
- Evaluating own performance

Mines Rescue has almost 90 years experience assisting the mining industry to manage risk and operate safely. To ensure the highest quality standards, Mines Rescue plays a pivotal role in training through its Registered Training Organisation, offering training programs that have been developed by mining and emergency response professionals with national qualifications.

Fast Facts



Course name
First Aid



Who should attend?
Individuals requiring the skills and knowledge to perform first aid.



Duration
One day



Locations
→ Lithgow
→ Newcastle
→ Singleton
→ Woonona or at your site



Delivery method
A combination of face-to-face classroom based training, desktop scenarios and practical training exercises.



Assessment method
Assessment may include written and oral questioning, practical demonstrations and performing scenarios.



Course fees
Please see our pricing document available on our website. Onsite training costs are available upon request.



Learning outcomes

Upon successful completion of the First Aid course, participants will be awarded a Statement of Attainment for the following unit:

- HLTAID003 Provide first aid

This unit contributes to the completion of the Certificate III in Mine Emergency Response and Rescue (RII30713).

To maintain the currency and validity of first aid skills, industry requires recertification to be completed every three years. The Australian Resuscitation Council recommends the CPR component of this course be updated annually.

Entry requirements

No formal previous learning is required for this course however Mines Rescue encourages participants to gain knowledge and experience of the policies and procedures of their workplace before starting the course.

It is acknowledged that this is a course based on a Certificate III level qualification that requires appropriate levels of language, literacy and numeracy skills to manage course work, in-course activities and assessment tasks.

Participants also require the physical ability to kneel on the floor to perform CPR.

Further information

Please refer to the Mines Rescue Participant Handbook located on our website for relevant policy information, including Payment Terms and Conditions and Refund and Fees Policy.

If you believe you already hold some or all of the skills, knowledge and/or experience for this course, you may be eligible to apply for Recognition of Prior Learning (RPL). You are encouraged to refer to our Participant Handbook and RPL/CT Handbook for Applicants and speak with Mines Rescue prior to commencing training.

For any further information please contact your local Mines Rescue station or visit our website www.minesrescueservices.com.

Mines Rescue Pty Limited: ABN 15 099 078 261 • RTO ID 90508

Lithgow

T: +61 (2) 6350 1000
F: +61 (2) 6352 3684
3 Proto Avenue
Lithgow NSW 2790
PO Box 338
Lithgow NSW 2790

Mudgee

T: +61 (2) 6350 1000
F: +61 (2) 6352 3684
3 Proto Avenue
Lithgow NSW 2790
PO Box 338
Lithgow NSW 2790

Newcastle

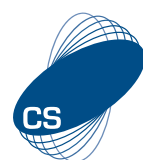
T: +61 (2) 4922 4400
F: +61 (2) 4958 3504
533 Lake Road
Argenton NSW 2284
PO Box 146
Boolaroo NSW 2284

Singleton

T: +61 (2) 6573 9000
F: +61 (2) 6573 2007
6 Lachlan Avenue
Singleton Heights
NSW 2330

Woonona

T: +61 (2) 4286 5499
F: +61 (2) 4285 1397
558-580 Princes Highway
Woonona NSW 2517
PO Box 41
Corrimal NSW 2518



Mines Rescue