

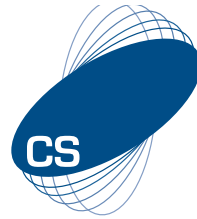
## What happens after I meet with the Injury Management Consultant?

The plan outlined to assist your return to work will be coordinated by your Case Manager once the report has been received.

If there has been no agreement between your treating Doctor and the Injury Management Consultant, your Case Manager will talk with you about what you should expect next.

If you have any concerns before, during or after this assessment please contact your Case Manager who will discuss these concerns directly with you in an attempt to resolve them.

If you have any other questions, WorkCover NSW publish additional guidelines which may provide more detail around the role of the Injury Management Consultant.



Coal Mines Insurance

If you have any questions about your claim, please contact your Case Manager on the number shown on your referral letter.

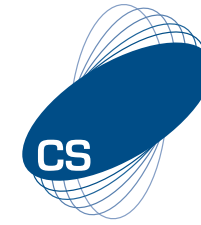
Alternatively, please contact your nearest Coal Mines Insurance office:

Singleton	(02) 6571 9999
Speers Point	(02) 4948 3150
Woonona	(02) 4286 5430

This publication contains information regarding occupational health, safety, injury management and workers' compensation. It includes some of your obligations under the various workers' compensation and occupational health and safety legislation that Coal Mines Insurance Pty Limited administers. To ensure you comply with your legal obligations you must refer to the appropriate Acts. When reading this publication you should always refer to the latest laws.

Information on the latest laws can be checked at [www.legislation.nsw.gov.au](http://www.legislation.nsw.gov.au) or call 1300 656 986.

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Coal Mines Insurance

# INJURY MANAGEMENT CONSULTANTS

Information for Injured Workers



CMI-IMC April 11

## What is an Injury Management Consultant?

Injury Management Consultants are medical practitioners who are appointed by WorkCover NSW.

They have specialised skills in workplace injury and rehabilitation that can help you and your treating doctors plan your return to work.

## Why have I been referred to an Injury Management Consultant?

Work-related illness and injury sometimes require complex negotiations between you, your doctors, other treatment providers, your employer and the Insurer.

The Injury Management Consultant will work together with everyone involved in your case to help overcome any specific problems or difficulties associated with your return to work. They will also help to develop a clear plan around suitable duties and timings to make your return as smooth as possible.

*It is important to note that the Injury Management Consultant will not provide any treatment, they will not provide an opinion with regard to liability, and will not take the place of your nominated doctor.*

## How will an Injury Management Consultant assist me?

In order to fully understand your case and develop the best return to work solution for your needs, the Injury Management Consultant may:

- Review your medical and rehabilitation reports provided by Coal Mines Insurance.
- Examine you if you've been asked to attend an appointment. This is your opportunity to participate further in the development of your return to work plan.
- Talk with your employer or visit your workplace to gain an understanding of your role and other tasks that may be offered throughout your recovery to match your fitness for work.
- Include your union representative in discussions with you if requested.
- Talk to your treating Doctors and they may also talk with other treatment providers, such as your physiotherapist, to discuss a treatment plan that will further assist your return to work.
- Reach agreement with your treating Doctor about work that is suitable now and promote a plan to assist your final return to work goal.
- Provide a report outlining all of the above to your Doctor, Employer and Insurance Case Manager.

## What do I need to do?

- You must attend any appointment on time, as arranged by your Case Manager. If you do not attend the scheduled appointment, your right to receive weekly benefits can be suspended until the examination takes place.
- You may be accompanied by another person during the assessment if the Injury Management Consultant agrees.
- Discuss as much detail about your injury and treatment as possible. Take any scans and medical reports for the Injury Management Consultant to review. Answer questions to help negotiate the best return to work options.
- Wear clothes that are comfortable to be examined in.
- Cooperate with the Injury Management Consultant during the examination, but let them know if something they ask you to do causes you pain.
- Discuss details of your job before the injury/illness.
- Discuss duties that have been made available, or may be available to you.
- Discuss the report with your treating Doctor once it has been received.

Reasonable costs such as travel and meal allowances associated with your attendance at the appointment will be considered by Coal Mines Insurance. Please discuss these further with your Case Manager.