

Mines Rescue Functional Capacity Evaluation



Mines Rescue Functional Capacity Evaluation (MR FCE)

A new MR FCE service has been established following a collaboration between Mines Rescue (MR) and the University of Wollongong. This new service will ensure that all Brigadesmen who attend a rescue incident have demonstrated the physical capacity to cope in the most difficult of rescue events.

The rescue tasks identified by MR for the new MR FCE include:

- walking on a grade
- casualty evacuation
- stretcher carry
- prop sawing and lifting
- link and lock construction
- digging
- fire hose drag

This innovative service will be conducted as a timed circuit of simulated mines rescue tasks that reflect the key aspects of the above activities.

CS Health has worked closely with Mines Rescue and the researchers to implement this new MR FCE circuit across all offices.

There will be a change in the physical abilities required of Brigadesmen to successfully complete this assessment. Details of these requirements can be obtained by contacting your local Mines Rescue Training Coordinator.

CS Health has a team of Exercise Physiologists available at all offices for advice and to support Brigadesmen during the transition to the new service. Brigadesmen need to attend their MR FCE in full underground clothing and with all PPE.

Fast facts

- MR has developed a new MR FCE that better reflects the inherent requirements of rescue services.
- CS Health has implemented and installed new MR FCE circuit tasks across all offices.
- Advice for Brigadesmen to prepare for the new assessment is available.



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