

## Cardiovascular health referrals and investigations

You may be referred to a cardiologist if further assessments are required to diagnose or manage cardiovascular conditions or risk factors.



### What is a cardiologist?

Cardiologists are medical specialists who diagnose, treat and prevent conditions which affect the heart and blood vessels (cardiovascular system).

### Your referral

All coal mine workers undergo routine cardiovascular health examinations as part of the NSW coal industry health surveillance scheme.

If you have a history of cardiovascular disease, or the results of your health assessment are abnormal, you may be referred to a cardiologist for further specialist investigations.

### Scheduling an appointment

Your GP will provide you with a referral to see a cardiologist. You will need to contact the cardiology clinic directly to book your appointment.

### What to expect

The cardiologist will review your test results, gather a detailed medical history, and perform a cardiovascular assessment.

The cardiologist may also recommend specific tests such as:

- electrocardiogram (ECG)
- echocardiogram (ECHO)
- coronary angiogram or
- a stress test.

These tests will help the cardiologist diagnose any cardiac conditions, make recommendations for treatment and prevention of cardiovascular issues, and provide advice on any follow up requirements.

*The cardiologist is NOT responsible for determining your fitness for work. That is the responsibility of the Order 43 approved medical practitioner.*

### Costs

While there is no cost for your appointment with CS Health, you will need to pay for your cardiologist appointment(s) and any associated testing they request.

### Telling your employer

Your privacy is important to us. CS Health needs your written consent to share any health information, including referrals, with your employer. Your employer will not be notified of the nature of your medical condition; only that you require a medical review.

### Continuing to work

If your cardiovascular risk is high you may need to temporarily stop working until you've seen the cardiologist and further investigations have been completed.

This decision will be discussed with you and your employer at the time of the referral.

**If at any time you are uncertain or have any questions, please contact us on 1800 274 633 or email [cs@coalservices.com.au](mailto:cs@coalservices.com.au)**