

Order 45: Post-Implementation Check-In



March 2026

Webinar overview



Order 45 Consultation and Implementation

Order 45 Post-Implementation Considerations

- Coal Mine Worker Definition
- Risk Categories
- Order 45 Chest Imaging
- Respirator Fit Testing
- Health Assessment Reviews

Resources and Supporting Documents

Q & A



*Coal Services Health Monitoring Requirements for
Coal Mine Workers Order No. 45*

Coal Services Health Monitoring Requirements for Coal Mine Workers Order No. 45



Stakeholder Engagement
2023 - 2025

Change Readiness
July 2025 to December 2025

Go Live
1 January 2026

Order 45
Post-Implementation

Order 45 Post Implementation Considerations

Order 45 Post Implementation Considerations



Coal Mine Worker
Definition

Risk Categories

Order 45
Chest Imaging

Respirator Fit
Testing

Health Assessment
Reviews

Coal Mine Worker Definition

Order 45 coal mine worker definition



Key changes

- Definition is based on current or previous history of **airborne contaminants, hazardous chemicals, and occupational noise exposure**, not just work location
- Excludes office/non-operational workers with **no exposure** currently or historically
- Workers who do not meet the definition of a coal mine worker do **not** need a health assessment

Key considerations

- Review workforce against the definition
- Identify those workers with a past exposure history
- Update programs, systems and coal mine worker lists

Risk Categories

Risk categories



Key changes

- Risk categories are a new requirement in Order 45
- All coal mine workers must be classified:
 - Category A: Safety critical
 - Category B: Safety sensitive
 - Category C: Non-safety sensitive

Key considerations

- Assign risk categories to all coal mine worker positions
- Consultation with host site / contractors required
- Review risk category if coal mine worker changes position
- Must provide risk category when booking a health assessment
- Must be included in the coal mine worker list



Change in Risk Categories



If the incorrect* risk category has been assigned to a Health Assessment the following process applies:

- The health assessment must be less than 3 months old
- A face-to-face health assessment review appointment is required (CS Health or EDN)
 - Clinical findings and reassessment of CVD risk
 - Any new health assessment reviews and referrals are provided (if required)
 - Any existing health assessment review requirements continue
 - Health assessment review certificate - *“Health Assessment review completed due to a change in risk category”*
- Transitional arrangement until the end of June 2026

**This is only required if a higher risk category is needed*

Order 45 Risk Categories webinars



Risk categories for coal mine workers

In accordance with the Coal Services Health Monitoring Requirements for Coal Mine Workers Order 45 (Order 45), an employer must ensure that a coal mine worker has, or has had, a health assessment for a risk category that is the same or higher than the risk category for the work to be performed.

Information for employers

The Coal Services Risk Category Guidelines have been developed to assist employers in assessing the risk category for coal mine workers. These guidelines provide a process that considers the tasks performed by a coal mine worker and the potential risk to themselves and others in the event of an unavoidable or sudden medical incapacity.

Webinars have been scheduled to introduce the risk categories and guide employers through the Risk Category Guidelines.

Webinar date:	Time:
Thursday 19 February 2026	8.00am to 10.00am
Tuesday, 31 March 2026	8.00am to 10.00am
Friday, 24 April 2026	8.00am to 10.00am
Tuesday, 12 May 2026	8.00am to 10.00am
Wednesday, 10 June 2026	8.00am to 10.00am

The webinar will cover the following topics:

- the purpose and benefits of risk categories
- an overview of the 3 risk categories
- an introduction to the Risk Category Guidelines
- considerations for determining risk categories for coal mine worker positions.

For more information contact
E: events@coalservices.com.au

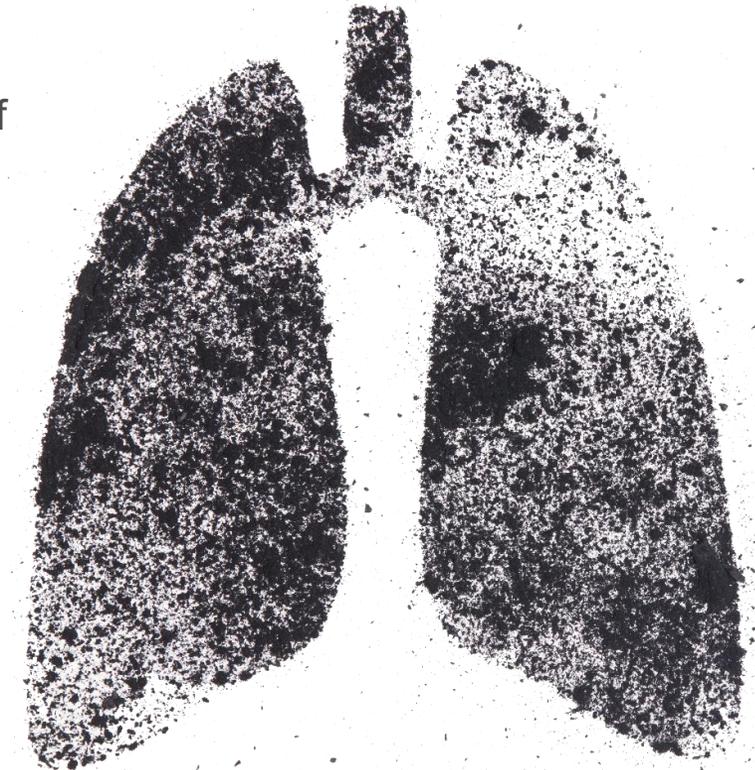
Bookings can be made at:
<https://www.stickytickets.com.au/coalserviceevents>
or scan the QR code.



Order 45 Chest Imaging

Order 45 Chest Imaging Requirements

- Chest imaging must meet the Clinical & Service Standard
- Chest X-rays (CXR) must be classified using the ILO International Classification of Radiographs of Pneumoconioses
- CXRs must be dual read by two AHPRA-registered Radiologists with:
 - Unrestricted Australian registration
 - NIOSH B-Reader accreditation
 - Reporting completed under the dual read protocol
- Both Radiologists must be named on the chest imaging report
- An HRCT (within 12 months) may be accepted if compliant with the Clinical & Service Standard



Understanding Order 45 – chest imaging radiation dose



Source of exposure	Exposure (per year)
Order 45 ILO chest x-ray (one picture)	0.02 mSv
Standard chest x-ray (two pictures)	0.06 mSv
One return flight from Melbourne to London per year	0.11 mSv
Total natural radiation in Australia	1.5 mSv
High resolution computed tomography (HRCT) chest	5 mSv

mSv = millisievert: A millisievert is a unit used to measure effective radiation dose — essentially how much radiation the body absorbs and the potential biological effect of that exposure.

<10mSv = no direct evidence of effects on human health

Order 45 – Chest Imaging Process



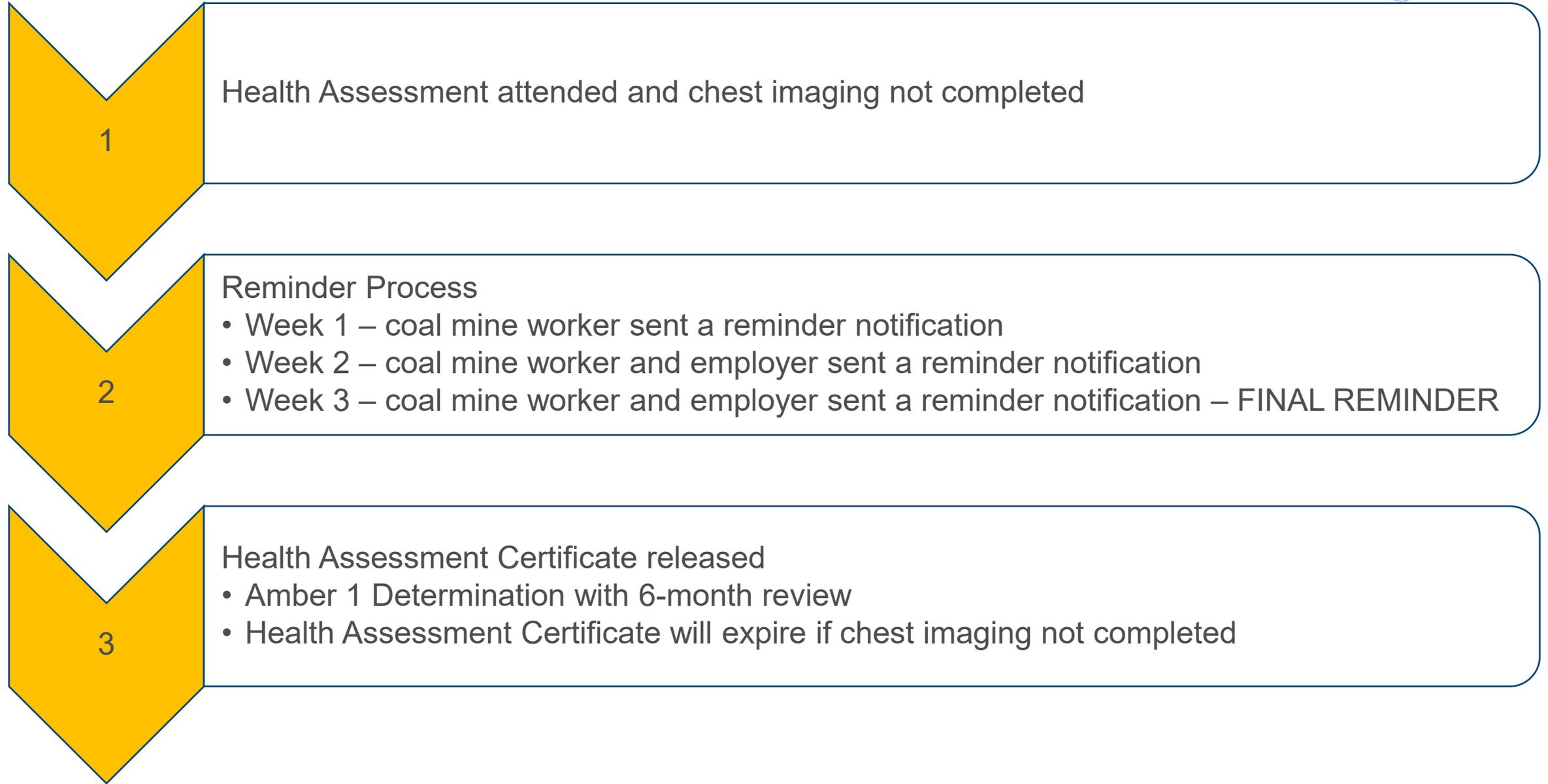
1

Health Assessment attended and chest imaging completed

2

Health Assessment Certificate released

Order 45 – Chest Imaging Process



Respirator Fit Testing

Respirator fit testing



Key changes

- Respirator fit testing is **no** longer compulsory in Order 45
- Respirator fit testing may be included with a Health Assessment at no additional cost

Key considerations

- CS Health will only provide respirator fit testing in compliance with Australian Standard ***AS/NZS 1715:2009 Selection, use and maintenance of respiratory protective equipment***
 - Respirator fit testing will not proceed if coal mine worker has facial hair that doesn't meet the standard
 - CS Health will notify report contact if respirator fit testing does not proceed
 - Any repeat testing will incur a service fee
- Work Health and Safety Regulations and respirator fit testing
- Respirator fit testing requirements detailed on the SafeWork NSW website

Facial Hairstyles and Filtering Facepiece Respirators

Intended for workers who wear tight-fitting respirators



*If your respirator has an exhalation valve, some of these styles may interfere with the valve working properly if the facial hair comes in contact with it.
 *This graphic may not include all types of facial hairstyles. For any style, hair should not cross under the respirator sealing surface.
 Source: OSHA Respiratory Protection Standard
https://www.osha.gov/pls/oshweb/owadisp.show_document?p_table=standards&p_id=12716
 Further Reading: NIOSH Respirator Trusted Source Webpage
https://www.cdc.gov/niosh/npr/topics/respirators/dbp_partresource3/ftest.html



Centers for Disease Control and Prevention
 National Institute for Occupational Safety and Health

Original image vector by fredrisher/Shutterstock.com

Health Assessment Reviews

Health assessment reviews



Key changes

- Health assessment reviews are a new requirement in Order 45
- Time and payment provisions are included when the health assessment review investigation is related to **airborne contaminants, hazardous chemicals, and occupational noise exposure**

Key considerations

- Non-completion of a health assessment reviews = health assessment certificate expiry
- Systems and/or processes need to be developed to monitor and manage health assessment reviews
- Systems and/or processes need to be developed to managed time and payment provisions
- Communication needed with coal mine workers regarding the health assessment review process
- Build sufficient time into the process to manage booking and processing of health assessments prior to the health assessment certificate expiry

Order 45 Health Assessment Certificate



Order 45 Health Assessment Certificate	
CS Health reference number	
Full name	
Date of birth	
Position	
Risk category	Choose an item.
Similar exposure group	
Date of health assessment	
Approved medical practitioner	
Last chest imaging date	
Health Certification	
<input type="checkbox"/>	GREEN Medically fit to undertake the position within the nominated risk category.
<input type="checkbox"/>	AMBER (1) Has a health condition that requires ongoing monitoring.
<input type="checkbox"/>	AMBER (2) Has a health condition that imposes a restriction on some aspect of the position.
<input type="checkbox"/>	RED Medically unfit to undertake the position within the nominated risk category.

Order 45 Health Assessment Certificate – Review Types



Health assessment review		
Review type	Related to airborne contaminant, hazardous chemical or occupational noise exposure investigation?	Review time
Choose an item. ▾	Yes <input type="checkbox"/> No <input type="checkbox"/>	Choose an item.
Choose an item.	Yes <input type="checkbox"/> No <input type="checkbox"/>	Choose an item.
Health assessment review - face to face	Yes <input type="checkbox"/> No <input type="checkbox"/>	Choose an item.
Health assessment review - information only	Yes <input type="checkbox"/> No <input type="checkbox"/>	Choose an item.
Vision	Yes <input type="checkbox"/> No <input type="checkbox"/>	Choose an item.
Audiometry	Yes <input type="checkbox"/> No <input type="checkbox"/>	Choose an item.
Spirometry	Yes <input type="checkbox"/> No <input type="checkbox"/>	Choose an item.
Complex Lung Function Test	Yes <input type="checkbox"/> No <input type="checkbox"/>	Choose an item.
Other (refer to comments for details)	Yes <input type="checkbox"/> No <input type="checkbox"/>	Choose an item.
Choose an item.	Yes <input type="checkbox"/> No <input type="checkbox"/>	Choose an item.

Resources and Supporting Documents

Coal Services Website



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Search



[Insurance](#) [Health](#) [Mines Rescue & Training](#) [Technical Services](#) [Hygiene & Lab Services](#) [Statistics](#) [Give Feedback](#) [Contact Us](#)

Order 45

- Order 45 information and resources
- Risk categories
- Chest imaging
- Health assessment reviews
- Ask a CS Health Nurse
- Order 45 FAQs
- Approved Medical Practitioners Directory
- Providers: accreditation and training
- Clinical and Service Standard
- History of health surveillance

Workplace Health Services

- Medicals
- Drug and alcohol screening
- Hearing and PPE Fit Tests
- Immunisation

Allied Health Services

- Rehabilitation
- Functional capacity evaluations
- Task analysis and workplace assessments
- Treatment services
- Toolbox talks
- Healthy lifestyle programs

Industry Forums

- Industry Forum sessions and dates

Industry Health Standards

- Cardiovascular Health Standard
- Respiratory Health Standard

Industry Health Topics

- Alcohol and drugs
- Respiratory (lung) health
- Industrial deafness
- Cardiovascular health
- Maintaining a healthy weight
- Diabetes
- Mental health
- Sleep and fatigue management

Standing Health Committee

- About
- Representation



Protect your heart: CS Health's latest campaign to raise awareness of cardiovascular health

Featured Links

- [Learn more about cardiovascular health](#)
- [Learn more about Order 45](#)
- [How to access your medical information](#)
- [Medical bookings information, service guide and policy](#)
- [Contact CS Health](#)

Coal Services Health Monitoring Requirements for Coal Mine Workers Order No. 45 (Order 45)



Government Gazette

of the State of
New South Wales
Number 441 - Other
Friday, 24 October 2025

The New South Wales Government Gazette is the permanent public record of official NSW Government notices. It can also contain local council, non-government and other notices.

Each notice in the Government Gazette has a unique reference number that appears in parentheses at the end of each page of the notice and can be used as a reference for that notice. For example, [NSWGG-2024-10-1].

The Gazette is compiled by the Parliamentary Counsel's Office and published on the NSW Government Gazette website (www.gazette.nsw.gov.au) under the authority of the NSW Government. The website contains a permanent archive of past Gazettes.

To submit a notice for gazettal, visit the website.

ISSN 2201-7534

By Authority
Government Printer

NSW Government Gazette No 441 of 24 October 2025

Government Notices

COAL SERVICES HEALTH MONITORING REQUIREMENTS FOR COAL MINE WORKERS ORDER No. 45 under the COAL INDUSTRY ACT 2001 (NSW)

Coal Services Pty Limited (A.C.N 099 078 234), an approved company under the *Coal Industry Act 2001 (NSW)* ("the Act"), with the approval of the Hon. Courtney Houssos, MLC, Minister for Natural Resources, and in pursuance of section 13 of the Act, makes the following Order.

Dated this 22nd day of October 2025

Kylie Ah Wong
Chair
Coal Services Pty Limited

Angela Hunter
Managing Director/CEO
Coal Services Pty Limited

Approved by the Hon. Courtney Houssos, MLC, Minister for
Natural Resources, on this 14th day of October 2025

The Hon. Courtney Houssos, MLC
Minister for Natural Resources

COAL SERVICES HEALTH MONITORING REQUIREMENTS FOR COAL MINE WORKERS ORDER NO. 45 under the COAL INDUSTRY ACT 2001 (NSW)

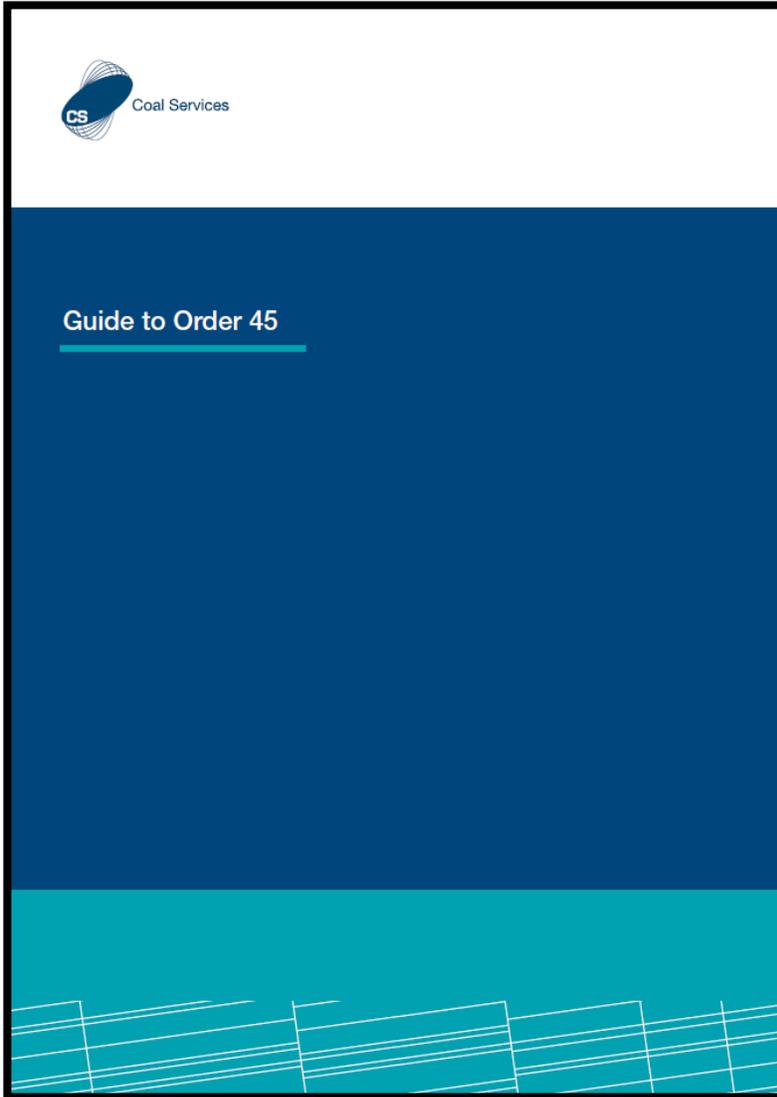
- 1. Name of Order**
This Order is the Coal Services Health Monitoring Requirements for Coal Mine Workers Order No. 45.
- 2. Commencement**
This Order commences on 1 January 2026.
- 3. Revocation**
The Coal Services Health Monitoring Requirements for Coal Mine Workers Order No. 43 published in the NSW Government Gazette No. 48 on 4 May 2018 at pages 2776-2781, including any associated schedules made or published on or after that date is revoked.

[NSWGG-2025-441-4]

NSW Government Gazette

24 October 2025

Guide to Order 45



Guide to Order 45

Coal Services Health Monitoring Requirements for Coal Mine Workers Order No. 45

This document is designed to support the NSW coal industry in understanding the Coal Services Health Monitoring Requirements for Coal Mine Workers Order No. 45 (Order 45).

1. Name of Order This Order is the Coal Services Health Monitoring Requirements for Coal Mine Workers Order No. 45.	As stated.
2. Commencement This Order commences on 1 January 2026.	As stated.
3. Revocation The Coal Services Health Monitoring Requirements for Coal Mine Workers Order No. 43 published in the NSW Government Gazette No. 48 on 4 May 2018 at pages 2776-2781, including any associated schedules made or published on or after that date is revoked.	As stated. Order 45 will replace Order No. 43.
4. Interpretation In this Order:	
<i>AHPRA</i> means the Australian Health Practitioner Regulation Agency.	As stated.
<i>airborne contaminant</i> means airborne contaminant as defined in the Work Health and Safety Regulation 2025 (NSW) (as amended from time to time or replaced).	An airborne contaminant is a fume, mist, gas, vapour, or dust, and includes micro-organisms that can be harmful to health when breathed in. They may not be visible or detected by odour. They may arise from chemicals or materials used in the workplace, generated by work processes, or arise naturally. These airborne contaminants may have potential health impacts on a coal mine worker's overall health.
<i>approved health professional</i> means: a) an accredited exercise physiologist who is registered by Exercise and Sports Science Australia (ESSA) to practice as an exercise physiologist in Australia; or b) an occupational therapist who is registered by the AHPRA to practice as an occupational therapist in Australia; or c) a physiotherapist who is registered by the AHPRA to practice physiotherapy in Australia; or d) a registered nurse (Division 1) who is registered by the AHPRA to practice nursing in Australia; and who complies with the Clinical and Service Standard; and is approved by Coal Services.	This definition outlines the specific qualifications and standards an individual must meet to be an approved health professional under Order 45. An approved health professional is an individual who meets specific qualifications determined by the appropriate regulatory body (as outlined in the definition) and must comply with the Clinical and Service Standard issued by Coal Services.

Coal Services Pty Limited: ABN 38 039 078 234
www.coalservices.com.auGuide to Order 45 | Page 2

WHS Regulation 2025 Audiometric Testing Exemption



Government Gazette

of the State of

New South Wales

Number 523 - Other

Friday, 12 December 2025

The New South Wales Government Gazette is the permanent public record of official NSW Government notices. It can also contain local council, non-government and other notices.

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ISSN 2201-7534

By Authority
Government Printer

NSW Government Gazette No 523 of 12 December 2025

Work Health and Safety Regulation 2025 Audiometric Testing

I, Janet Schorer, SafeWork Commissioner, pursuant to section 697 of the Work Health and Safety Regulation 2025, cancel the Work Health and Safety Regulation 2017 Exemption No 010/23 due to it being superseded by Exemption No 25-042.

Dated this day 9 December 2025.

Handwritten signature of Janet Schorer.

Janet Schorer
SafeWork Commissioner
SafeWork NSW

Work Health and Safety Regulation 2025 Exemption No. 25-042

I, Janet Schorer, SafeWork Commissioner, pursuant to section 684 of the Work Health and Safety Regulation 2025, grant the following exemption:

Dated this day 9 December 2025

Handwritten signature of Janet Schorer.

Janet Schorer
SafeWork Commissioner
SafeWork NSW

1. Name of Exemption

This Exemption is the Work Health and Safety Regulation 2025, Exemption No. 25-042.

2. Commencement

This Exemption commences on 1 January 2026 and has effect until 31 December 2031.

3. Exemption

This Exemption is made by SafeWork NSW on its own initiative.

This Exemption applies to a PCBU to whom the *Coal Services Health Monitoring Requirements for Coal Mine Workers Order No. 45* (Order No. 45) applies.

A PCBU to whom Order No. 45 applies is exempt from compliance with section 58(2) of the Regulation.

This Exemption is subject to the conditions specified in the Schedule.

4. Definitions

For the purposes of this Exemption:

Act means the *Work Health and Safety Act 2011*.

Order No. 45 means the *Coal Services Health Monitoring Requirements for Coal Mine Workers Order No. 45* under the *Coal Industry Act 2001*.

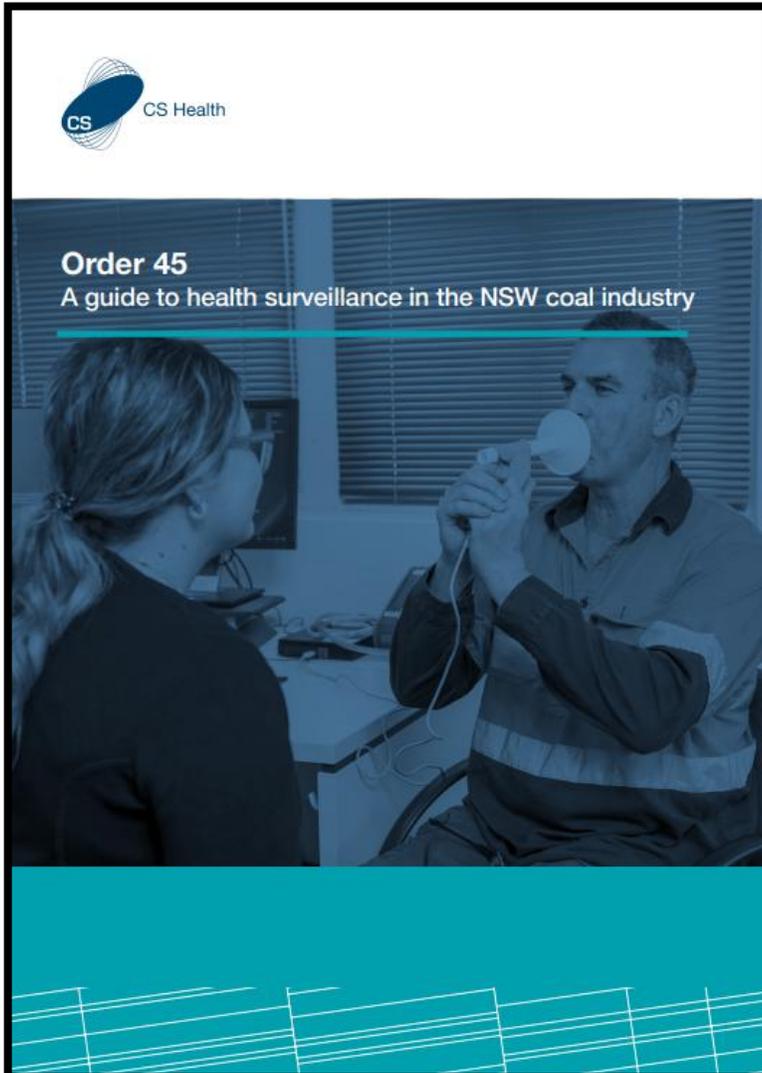
PCBU means a person conducting a business or undertaking within the meaning of the Act.

[NSWGG-2025-523-9]

NSW Government Gazette

12 December 2025

Order 45: A guide to health surveillance in the NSW Coal Industry



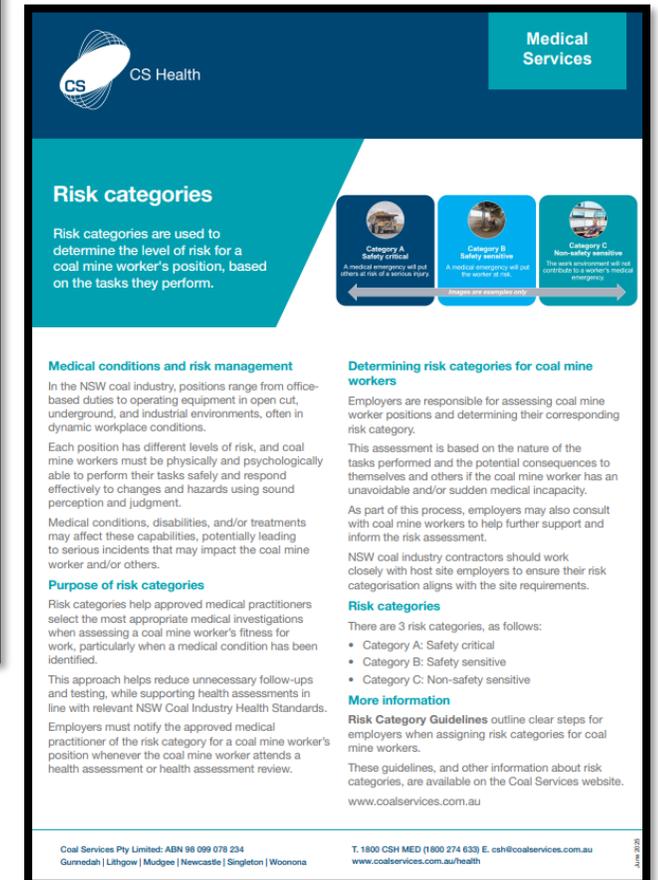
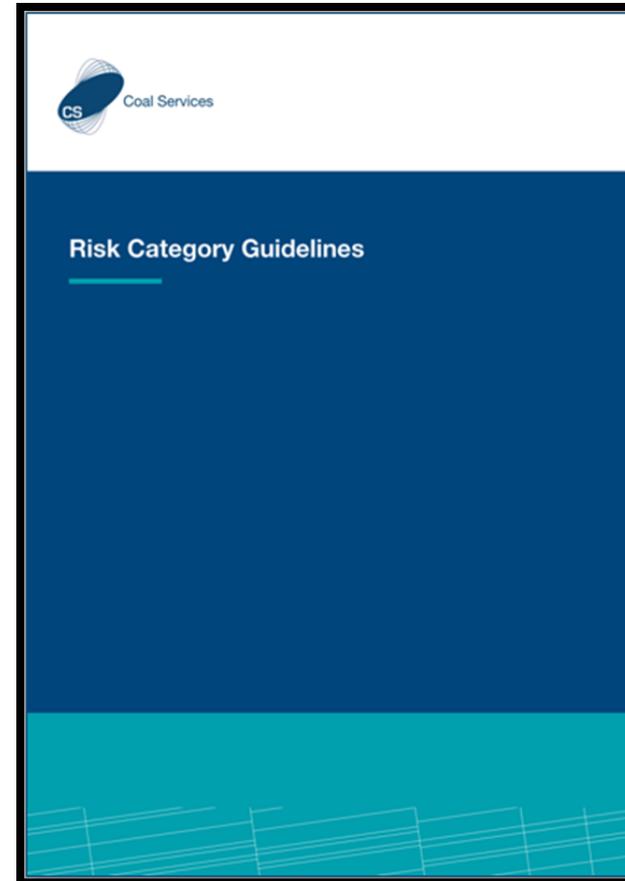
- Comprehensive guide for employers to health surveillance under Order 45
- Covers the end-to-end health surveillance process in the NSW coal industry
- Defines employer roles, responsibilities and compliance requirements
- Supports understanding of risk categories, triggers for health assessment review and health certification

Risk categories - supporting materials



Risk Category Guidelines

- Appendix A – risk categorisation template
- Risk categories fact sheet
- Explainer video
- Webinar recording
- FAQs

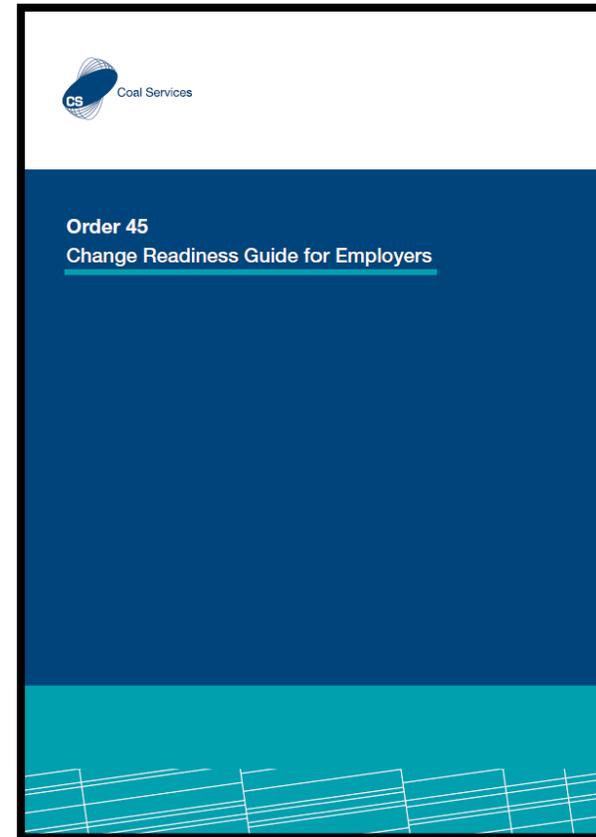


Order 45: Change readiness guide for employers



Change readiness considerations:

- the definition of a coal mine worker
- risk categories
- health assessment reviews
- respirator fit testing
- coal mine worker lists
- transitional arrangements
- requirements for booking a health assessment
- transferring a medical, and
- other considerations



Appendix A

Change readiness key considerations checklist

Impact analysis	Yes	No	N/A
Has your business completed an impact analysis to understand how the changes introduced by the replacement Order may affect your organisation's processes, systems, and compliance obligations?			

Coal mine worker lists	Yes	No	N/A
Has the workforce been reviewed to identify workers who meet the updated coal mine worker definition?			
Have workers currently in non-exposure positions, but have a history of exposure to airborne contaminants, hazardous chemicals, or occupational noise, been identified?			
> For general exposures, has a period of ≥5 years been considered?			
> For high silica exposures, has a period of ≥2 years been considered?			
Has SEG monitoring data been reviewed to identify positions exposed to airborne contaminants, hazardous chemicals, or occupational noise?			
Have health assessment programs and processes been updated to reflect the revised definition of coal mine workers?			
Have you established a process to capture the updated coal mine worker list information?			
Has the coal mine worker list been updated to include only coal mine workers meeting the revised definition?			
Note: The coal mine worker list is not due until 30 September 2026			

Risk categories	Yes	No	N/A
Have all coal mine worker positions been reviewed and assigned a risk category?			
Are processes in place to ensure the risk category is reviewed whenever a coal mine worker changes position?			
Is the risk category for each coal mine worker included in the annual coal mine worker list?			
Do the relevant staff have access to the Risk Category Guidelines available on the Coal Services website?			
Have the relevant staff attended the risk category webinars?			

Health assessment reviews	Yes	No	N/A
Have systems and/or processes been established to monitor and manage health assessment reviews?			
Have systems and/or processes been established to manage time and/or payment provisions when a health assessment review is triggered for airborne contaminants, hazardous chemicals, or occupational noise investigations?			
Has communication been provided to coal mine workers regarding how health assessment reviews will be managed, including roles, responsibilities, and expectations?			
Have sufficient timeframes been built into processes to ensure health assessment reviews are completed before the coal mine worker's certificate expires, including scheduling, completion, processing, and administrative requirements?			

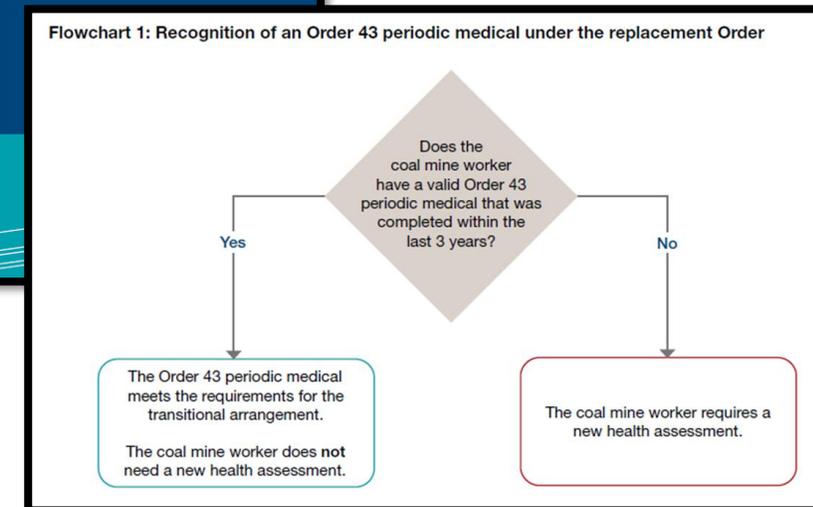
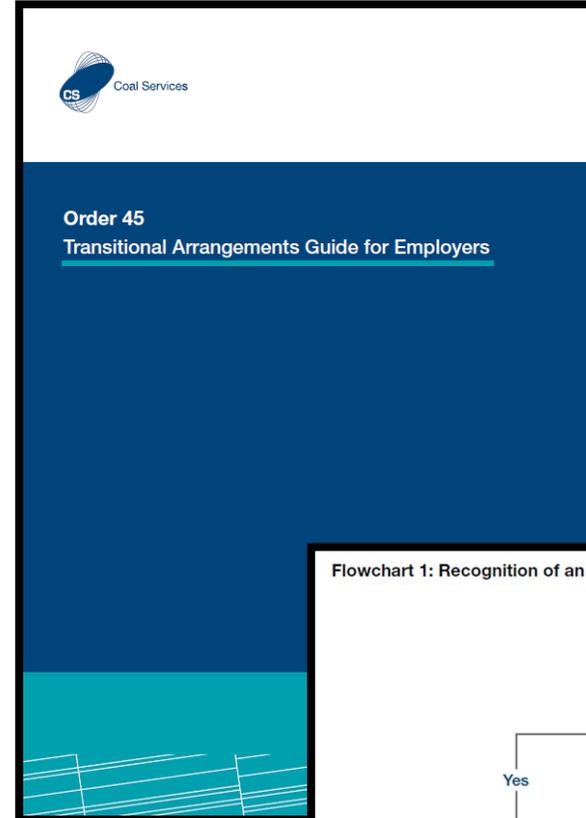
Order 45: Transitional arrangements guide for employers



Transitional arrangements for Order 43 medicals under Order 45.

These arrangements are designed to:

- avoid duplication of health assessments
- provide clarity for employers
- ensure that coal mine workers remain compliant during the transition.



Coal Mine Worker Fact Sheets



Strengthening the health surveillance scheme for NSW coal mine workers

Protecting your health

Health monitoring of coal mine workers in NSW began in the 1940s to reduce the risk of occupational lung diseases such as coal workers' pneumoconiosis (black lung).

The health surveillance scheme has strengthened over time, and since 2011, industry health Orders (such as Order 43) have set clear standards to protect coal mine workers' health.

A replacement to Order 43 has been developed to strengthen the health surveillance scheme and continue to deliver on our purpose 'to protect'.

About Order 45

For coal mine workers, most of the health assessment stays the same under Order 45, but there are some important changes.

These changes are detailed below:

One medical

Under Order 43, coal mine workers had to complete a pre-placement medical and then a periodic health surveillance medical every 3 years.

Order 45 combines these into a single health assessment, meaning you only need to complete 'one medical' in a 3-year period, even if you change jobs. This makes the process simpler and reduces the need for multiple medicals.

Introduction of health assessment reviews

Health assessment reviews have been introduced to ensure that any follow-up actions are completed in a timely manner, helping to protect your health and safety at work.

Order 45 states that when a health assessment review is related to your exposure to airborne contaminants, hazardous chemicals, and/or occupational noise investigations, your employer must allow time for you to attend during your normal rostered hours (where reasonably practicable), or provide payment to you if this is not possible. If your workplace has an approved enterprise agreement, its terms may apply instead.

Introduction of retirement health assessments

Retirement health assessments are available to all coal mine workers when retiring or leaving the NSW coal industry.

These health assessments are optional, and provide ongoing monitoring of your health after you have ceased working.



Order 45 Information for coal mine workers

Preparing for your health assessment

The Coal Services Health Monitoring Requirements for Coal Mine Workers Order No. 45 (Order 45) requires coal mine workers to have regular health assessments.

Attending an Order 45 health assessment is important to protect your health

Order 45 health assessments help to detect and monitor any health issues that may result from the effects of workplace exposures to dust, noise, chemicals and other hazards. They can also identify other health and/or lifestyle-related conditions that might affect your ability to work safely and effectively.

By identifying potential issues early, often before symptoms appear, health assessments enable timely treatment and support your long-term health and wellbeing.

What to expect during a health assessment

During a health assessment, you will see a health professional (e.g. nurse) and a medical practitioner (a doctor). They will complete a range of examinations and tests as part of the health assessment, such as:

- blood pressure
- spirometry (lung function test)
- audiology (hearing) examination
- vision test
- musculoskeletal assessment.

Note: In addition to the above, you will also complete additional tests, questionnaires, and a chest x-ray.

Preparing for your health assessment

- Ensure you are well hydrated and have eaten prior to your appointment. You will need to give a urine sample and complete a non-fasting cholesterol and blood sugar test.
- Avoid smoking or vaping within 1 hour of your appointment to avoid any complications with lung function testing.
- If your health assessment includes a respirator fit test, please ensure no facial hair is within the seal area at the time of testing, as it can prevent a proper fit.
- If you wear a rubber respirator, please bring the respirator and filter to your appointment.

Please bring the following items with you to your appointment:

- ✓ Photo identification (e.g. driver's license)
- ✓ Prescription glasses if you wear them.
- ✓ Do not wear contact lenses as your vision will be tested effectively.
- ✓ Current list of medications you are taking
- ✓ If you are being treated for any medical conditions, please bring relevant information or reports from your GP.
- ✓ Examples may include: cardiology reports, diabetes updates, sleep apnoea CPAP machine results.

Bringing the above items and information will help the doctor to complete your health assessment and avoid delays in finalising your health assessment certificate.

If your appointment includes a functional capacity evaluation, please bring the following items with you:

- ✓ Mining safety footwear or equivalent
- ✓ Mining workwear or equivalent
- ✓ Mining hard hat (if applicable)
- ✓ Gloves (optional)
- ✓ Safety glasses (optional)

A health assessment helps detect work-related and other health issues early, often before symptoms appear, giving you the best chance for timely treatment.

Information for coal mine workers Health assessment reviews

Understanding health assessment reviews

During your health assessment, the approved medical practitioner (doctor) may identify a medical condition and/or workplace exposure that needs further investigation and/or ongoing monitoring to ensure your ongoing health and safety at work. If this happens, you may be asked to attend a health assessment review.

This review may require you to see the approved medical practitioner again in 3, 6, or 12 months, or to see your own treating doctor for further assessment and/or investigation.

In most cases, the results and/or information are provided back to the approved medical practitioner to clarify your condition.

However, if you are referred to your own doctor as a duty of care, you don't need to share the results with the approved medical practitioner. These types of referrals are made for your own personal health and wellbeing.

Are health assessment reviews compulsory?

Health assessment reviews are compulsory under Order 45.

It is important to understand that a health assessment review gives conditional clearance for the period shown on your health assessment certificate (e.g. 3, 6, 12 months). If the health assessment review is not completed within this timeframe, your health assessment certificate will expire.

What happens when you don't complete a health assessment review?

If you do not complete the health assessment review, a note will be added to your medical file indicating that the health assessment review was not completed. Your employer will have their own processes for managing outstanding health assessment reviews; you will need to discuss this process with them.

Time and payment for attendance

When a health assessment review is related to your exposure to airborne contaminants, hazardous chemicals, and/or occupational noise investigations, your employer must allow time for you to attend during your normal rostered hours (where reasonably practicable), or provide payment to you if this is not possible. If your workplace has an approved enterprise agreement, its terms may apply instead.

Your health assessment certificate will detail when a health assessment review is related to airborne contaminants, hazardous chemicals, and/or occupational noise investigations.

Your employer will not be told any medical details; only that you need a health assessment review.

Roles and responsibilities

CS Health will send reminders to both you and your employer about upcoming health assessment reviews as follows:

- **First reminder:** Eight (8) weeks before the health assessment review's scheduled due date.
- **Second (final) reminder:** Four (4) weeks after the health assessment review's scheduled due date.

Health assessment reviews may be scheduled and organised differently between employers. Your employer should explain how this process works. If you are unsure, please check with your employer.

Do you have questions about your health assessment review?

CS Health is here to help. CS Health nurses offer confidential support to help you understand your results, and guide you through the health assessment review process. Your information will not be shared without your consent.

Call 1800 274 633 (press 4) Monday to Friday, 8.00am to 5.00pm.

Information for coal mine workers Retirement health assessments

Retiring from the NSW coal industry? We will still look after your health.

Monitoring workers' health

Under the Coal Industry Act 2001 (NSW), Coal Services is responsible for monitoring the health of coal mine workers in the NSW coal industry.

Health assessments monitor coal mine workers' health and check for any adverse health effects resulting from workplace exposures, such as dust, noise, chemicals, and other hazards. Health assessments can also identify other health and/or lifestyle-related conditions.

As some occupational diseases can take many years to develop, regular health monitoring helps detect these issues early, often before symptoms appear, giving the best chance for timely treatment.

What does a retirement health assessment involve?

During a retirement health assessment, you will see a health professional (e.g. nurse) and a medical practitioner (a doctor). They will perform a range of examinations and tests as part of the health assessment, including a respiratory health questionnaire, lung function testing, and chest imaging.

How do I book an appointment?

To book a retirement health assessment please call CS Health on 1800 CSH MED (1800 274 633).

What is the cost?

There is no cost for a retirement health assessment.

Retirement health assessment results

After your appointment, you will receive a health assessment certificate that details information on any occupational health exposures and recommended follow-up. The doctor will also explain any results that need further investigation.

CS Health will assist with any investigations related to occupational exposures.

We will refer you to your own doctor for general health findings.

CS Health offers retired coal mine workers these additional benefits:

- CS Health gym membership, including an individualised gym program
- one physiotherapy/exercise physiology session (assessment only) per year

Q & A



CS Health

